

# SYNOPSIS



## Healing from Within - Medicine between Orient and Occident

### Ayurveda und Tibetische Medizin zwischen Orient und Okzident

Even in European hospitals, Ayurveda is a medicine that has been applied individually to different kinds of symptoms and disease patterns. The journey begins in Varansi, in the northwest of India: along the waterfront of the Ganges, Varansi is one of the oldest inhabited places in the world and is considered the holy city of Hinduism. Between tradition and modern age, health is being attached to great importance. For this sake the secrets of nature, healing plants and herbs as well as the healing arts of Ayurveda are being explored.

**Year:** 2018

**Run-Time:** 1 x 43 min.

**Directed by** Tobias Seidler

**Markus Voglauer for ORF III**

Available worldwide

**Languages:** German (ORIGINAL)

**Format:** 16:9

**HD**

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