

# SYNOPSIS



## The Vitamin Lie

### Die Vitaminlüge - Wie uns die Gesundheitsindustrie ködern will

Although it has been proven that a healthy diet does not require vitamin tablets or food supplements, many of us still purchase them in large quantities. We often forget that taking too many of them can be damaging for our health. How come?

**Year:** 2017

**Run-Time:** 1 x 45 min.

**Produced by** ORFIII

Available worldwide

**Languages:** German (ORIGINAL) , English (DUBBED)

**Format:** 16:9

**HD**

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