

# SYNOPSIS



## Ageing Well

### Besser altern

Humans are, in theory, able to live up to 120 years. We often complain about the burden of ageing population. But, as proven by several cases in Denmark and Norway, the new elderly live and stay healthy longer than previous generations if they retire later instead of being cast aside. Supportive social systems grant them higher pensions than previous generations. How do today's pensioners spend their days? They join new housing projects, local projects and various clubs; they travel, exercise, play music or go back to University. Some are still working professionals at 70 thanks to tailored part-time contracts. "70 is the new 60" and "At the heart of society even in old age" are the new mottos.

**Year:** 2017

**Run-Time:** 1 x 45 min.

**Directed by** Kurt Langbein, Stefan Wolner

**Produced by** Langbein & Partner for ORF/3sat

Available worldwide

**Languages:** German (ORIGINAL)

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